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Carla Parris is an Entertainment and Sports Lawyer, TEDx 2018 Speaker, Talk Show Host, Entrepreneur & Content Creator. She operates the first boutique law practice in Trinidad & Tobago whose exclusive focus is in the area of Entertainment, Intellectual Property & Sports Law. She advises clients in traditional corporate industries on a variety of copyright and trademark concerns and provides specialist advice to persons in the music, film, animation, events management, fashion, sports and broadcast industries. In January 2018 she produced and hosted a You Tube talk show entitled "The Business of Carnival" which is designed to educate persons on the legal and business aspects of the carnival industry. Over the years she has published newspaper articles on the importance of Intellectual Property Law to the creative sector and has operated as a consultant for the government of Trinidad & Tobago, the OECS Commission, the World Intellectual Property Organisation (WIPO) and the Trinidad and Tobago Olympic Committee.

Parris' career has been quite untraditional as after being called to the bar in Trinidad and Tobago she made the decision to move to London, UK to explore her ambitions in the creative industry. There she worked in the magazine publishing industry as an Editor and Features Writer to various magazines within the cultural and entertainment sectors. After returning to Trinidad she worked briefly as a freelancer for E Zone Entertainment, one of the country's most prolific and vibrant media companies. She has also worked as a journalist within the country's state owned TV station, Caribbean New Media Group (CNMG) where she appeared on the nightly news with stories about the local entertainment sector.

Some of her representative clients (past and present) include Cricketer Dwayne Bravo, The Trinidad and Tobago Olympic Committee, Central Bank of Trinidad and Tobago, recording artiste Shurwayne Winchester, NCC (National Carnival Commission), Fashion Designer (Project Runway Winner Season 9) Anya Ayoung Chee, Music Production Company Precision Productions, Steel Pan Orchestra Trinidad All Stars, restaurant management company Prestige Holdings Ltd

Apart from the running of her solo practice she is actively involved in a multitude of public education initiatives. She has been a part time lecturer in the Film Department of the University of the West Indies in the area of Entertainment Law. She has also participated in over 20 Intellectual Property law and creative sector conferences in Trinidad and Tobago and across the Caribbean region. She is very vibrant on social media and has produced and appeared in online Caribbean Entertainment Law educational videos. In traditional media she has authored a series in the Business Guardian newspaper concerning a plethora of topics surrounding Intellectual Property Law and carnival. In January 2017 she co-produced a five part TV series entitled "The Business of Carnival" with one of the domestic television stations "CTV" in Trinidad and Tobago which was aired during the carnival season.